Miguel Arámburu

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EDUCATION

University degree: Ciencias de la Comunicación (Bachelor of Arts in Communication) (1998-2001).

Institution: Universidad Mexicana. Campus Polanco.

Independent studies: Personal growth from different perspectives, including mysticism, religion, philosophy, psychology and ancient sciences (2001-2019).

CAREER SUMMARY

2005 Creation of my first personal growth system consisting of 12 courses and 180 hours of training to improve the areas of life.

2006 Founding of <u>Uniser</u>, a school of personal growth, through which, I taught my system for 14 years to more than 10,000 people throughout Mexico. <u>Institutional Video.</u>

2012 Receipt of my first award: 'International Excelsis Award' by <u>Global Quality Foundation</u>, in recognition of the work as a promoter of personal growth in Mexico. <u>Video of ceremony</u>.

(The 'International Excelsis Award' is given to leaders of society whose work leads to change, improvement and philanthropy)

2013 Receipt of my second award: 'Educational Leader of the Year' by Latin American Quality Institute, in recognition of leadership and quality in my field. Video of ceremony.

(The International Award: 'Educational Leader of the Year' is given to those who lead quality in their professional field, to recognize their achievements.)



 Uniser

 Sistema de Crecimiento Interior





2014 Masterly speaker at the XIII edition of Exposer, the largest personal growth event in Latin America.

(The Exposer committee invites outstanding international speakers in each edition)

2014 Invited to be part of the community: 'Club Líderes del Futuro' founded by Raúl Ferráez, president of the prestigious magazine: 'Líderes Mexicanos'. (Mexican leaders).

('Club Líderes del Futuro' is a community of outstanding and avant-garde leaders in Mexico from various fields: science, technology, politics, education, business, sports, art, etc.)

2017 Massive conference: 'The master key of self-realization' at the 'Instituto Politécnico Nacional', one of the three most important universities in Mexico.

2019 Creation of the therapeutic method: 'Mental liberation technique', based on techniques of evocation, catharsis and understanding. Currently in experimental application before being launched.

2020 Creation of my second personal growth system, this time integral, multidisciplinary and theoretical-practical, consisting of 4 modules and more than 100 hours of training and therapy. Currently launched to the Spanish-speaking world.

Current goal:

Continue research and implementation of my latest growth system in the United States of America, contributing to social improvement.









SOCIAL AND MEDIA IMPACT

- 2 Inner growth systems that helps people to improve their lives and self-fulfillment, and whose knowledge and techniques are result of 20 years of research.
- +300 Conferences.
- +30,000 Attendees to conferences.
 - +100 Invitations to radio and television.

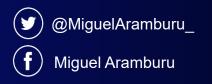
A SAMPLE OF THE PARTICIPATION IN TV PROGRAMS

- <u>'Nuestro Día'</u> (my own weekly section of inner growth for a year)
- <u>'Hoy cambia tu vida'</u> (invited to over 50 episodes)
- <u>'Coincidir'</u> (invited to over 40 episodes)
- <u>'Descanso Saludable'</u> (invited to several episodes)
- <u>'Mujeres en TVC'</u> (interviewed in several episodes)
- 'CreSer' (my own TV program in TV World Channel)



SOME COMPANIES AND ORGANIZATIONS I HAVE WORKED FOR





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