# Miguel Arámburu

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## **EDUCATION**

**University degree:** Ciencias de la Comunicación (Bachelor of Arts in Communication) (1998-2001).

Institution: Universidad Mexicana. Campus Polanco.

**Independent studies:** Personal growth from different perspectives, including mysticism, religion, philosophy, psychology and ancient sciences (2001-2019).

## **CAREER SUMMARY**

**2005** Creation of my first personal growth system consisting of 12 courses and 180 hours of training to improve the areas of life.

**2006** Founding of <u>Uniser</u>, a school of personal growth, through which, I taught my system for 14 years to more than 10,000 people throughout Mexico. <u>Institutional Video.</u>

**2012** Receipt of my first award: 'International Excelsis Award' by <u>Global Quality Foundation</u>, in recognition of the work as a promoter of personal growth in Mexico. <u>Video of ceremony</u>.

(The 'International Excelsis Award' is given to leaders of society whose work leads to change, improvement and philanthropy)

**2013** Receipt of my second award: 'Educational Leader of the Year' by Latin American Quality Institute, in recognition of leadership and quality in my field. Video of ceremony.

(The International Award: 'Educational Leader of the Year' is given to those who lead quality in their professional field, to recognize their achievements.)



 Uniser

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**2014** Masterly speaker at the XIII edition of Exposer, the largest personal growth event in Latin America.

(The Exposer committee invites outstanding international speakers in each edition)

**2014** Invited to be part of the community: 'Club Líderes del Futuro' founded by Raúl Ferráez, president of the prestigious magazine: 'Líderes Mexicanos'. (Mexican leaders).

('Club Líderes del Futuro' is a community of outstanding and avant-garde leaders in Mexico from various fields: science, technology, politics, education, business, sports, art, etc.)

**2017** Massive conference: 'The master key of self-realization' at the 'Instituto Politécnico Nacional', one of the three most important universities in Mexico.

**2019** Creation of the therapeutic method: 'Mental liberation technique', based on techniques of evocation, catharsis and understanding. Currently in experimental application before being launched.

**2020** Creation of my second personal growth system, this time integral, multidisciplinary and theoretical-practical, consisting of 4 modules and more than 100 hours of training and therapy. Currently launched to the Spanish-speaking world.

#### **Current goal:**

Continue research and implementation of my latest growth system in the United States of America, contributing to social improvement.









## SOCIAL AND MEDIA IMPACT

- 2 Inner growth systems that helps people to improve their lives and self-fulfillment, and whose knowledge and techniques are result of 20 years of research.
- +300 Conferences.
- +30,000 Attendees to conferences.
  - +100 Invitations to radio and television.

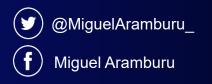
## A SAMPLE OF THE PARTICIPATION IN TV PROGRAMS

- <u>'Nuestro Día'</u> (my own weekly section of inner growth for a year)
- <u>'Hoy cambia tu vida'</u> (invited to over 50 episodes)
- <u>'Coincidir'</u> (invited to over 40 episodes)
- <u>'Descanso Saludable'</u> (invited to several episodes)
- <u>'Mujeres en TVC'</u> (interviewed in several episodes)
- 'CreSer' (my own TV program in TV World Channel)



# SOME COMPANIES AND ORGANIZATIONS I HAVE WORKED FOR





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