

# Miguel Arámburu

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## EDUCATION

**University degree:** Ciencias de la Comunicación (Bachelor of Arts in Communication) (1998-2001).

**Institution:** Universidad Mexicana. Campus Polanco.

**Independent studies:** Personal growth from different perspectives, including mysticism, religion, philosophy, psychology and ancient sciences (2001-2019).

## CAREER SUMMARY

**2005** Creation of my first personal growth system consisting of 12 courses and 180 hours of training to improve the areas of life.

**2006** Founding of [Uniser](#), a school of personal growth, through which, I taught my system for 14 years to more than 10,000 people throughout Mexico. [Institutional Video](#).

**2012** Receipt of my first award: 'International Excelsis Award' by [Global Quality Foundation](#), in recognition of the work as a promoter of personal growth in Mexico. [Video of ceremony](#).

(The 'International Excelsis Award' is given to leaders of society whose work leads to change, improvement and philanthropy)

**2013** Receipt of my second award: 'Educational Leader of the Year' by [Latin American Quality Institute](#), in recognition of leadership and quality in my field. [Video of ceremony](#).

(The International Award: 'Educational Leader of the Year' is given to those who lead quality in their professional field, to recognize their achievements.)



## Uniser

Sistema de Crecimiento Interior



**2014** Masterly speaker at the XIII edition of Exposer, the largest personal growth event in Latin America.

(The Exposer committee invites outstanding international speakers in each edition)

**2014** Invited to be part of the community: 'Club Líderes del Futuro' founded by Raúl Ferráez, president of the prestigious magazine: 'Líderes Mexicanos'. (Mexican leaders).

('Club Líderes del Futuro' is a community of outstanding and avant-garde leaders in Mexico from various fields: science, technology, politics, education, business, sports, art, etc.)

**2017** Massive conference: 'The master key of self-realization' at the 'Instituto Politécnico Nacional', one of the three most important universities in Mexico.

**2019** Creation of the therapeutic method: 'Mental liberation technique', based on techniques of evocation, catharsis and understanding. Currently in experimental application before being launched.

**2020** Creation of my second personal growth system, this time integral, multidisciplinary and theoretical-practical, consisting of 4 modules and more than 100 hours of training and therapy. Currently launched to the Spanish-speaking world.

**Current goal:**

Continue research and implementation of my latest growth system in the United States of America, contributing to social improvement.



## SOCIAL AND MEDIA IMPACT

2 Inner growth systems that helps people to improve their lives and self-fulfillment, and whose knowledge and techniques are result of 20 years of research.

+300 Conferences.

+30,000 Attendees to conferences.

+100 Invitations to radio and television.

## A SAMPLE OF THE PARTICIPATION IN TV PROGRAMS

- 'Nuestro Día' (my own weekly section of inner growth for a year)
- 'Hoy cambia tu vida' (invited to over 50 episodes)
- 'Coincidir' (invited to over 40 episodes)
- 'Descanso Saludable' (invited to several episodes)
- 'Mujeres en TVC' (interviewed in several episodes)
- 'CreSer' (my own TV program in TV World Channel)



## SOME COMPANIES AND ORGANIZATIONS I HAVE WORKED FOR



TECNOLÓGICO  
DE MONTERREY.



**B | BRAUN**  
SHARING EXPERTISE





HERBALIFE.



 @MiguelAramburu\_

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